



Learning Opportunities for Grade 1

Week of May 18-22

School Vision: *Motivating, Compassionate, Successful*

School Mission: *Making a difference...Committed to learning....Supporting each other*

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 1 hour each day.

MATH

Choose from these tasks, for a total of 20 minutes each day.

Doubles Memory:

Write double facts ($1+1=2$, $2+2=4$, $3+3=6$, $4+4=8$, $5+5=10$, $6+6=12$, $7+7=14$, $8+8=16$, $9+9=18$, $10+10=20$) on pieces of paper all the same size. Once you have written each double on two pieces of paper, mix them up with the doubles facing down and play the memory game. If someone finds a double, they get to go again until they do not find a match. You can either write the answer on the card OR have your student answer the addition problem as they turn over each card.

Mash:

Using a deck of cards, divide the cards up into two piles (or as many piles as there are people playing). Each player flips their top card over and whoever has the highest card gets all the cards laid that round. Continue to play until no one has any cards left. The player who won the most rounds (whoever has the most cards that they won) is the winner.

Order Numbers:

Using the numbers you created last week (number 1-100 on slips of paper) have your student put these numbers in the correct order. They can order the numbers in various different ways, forwards, backwards, counting by 2's, 5's, and 10's.

Creating Numbers:

Have your student go outside and see how many different ways they can make numbers with materials they find outside. For example, students could write numbers in the dirt using a stick or their finger, can they use rocks to make numbers, or twigs.

Rainbow Numbers:

Using different colors (markers, crayons, paint) have your students write a sequence of numbers (45-57) and then writing over top of the sequence use a different color. Students can do this as many times as they want with as many different colors as they want. Students can also do this with many different sequences, for example, counting by 2's, 5's and 10's, and counting forwards and backwards.

Counting:

Continue to practice counting in all different ways; forwards and backwards to 100, count by 2's, 5's, and 10's to 100. Count forwards and backwards between two given numbers, for example, count numbers from 47 to 56. Also practicing counting sets of objects by 2's.

LITERACY

Independent Reading: (15-20 mins per day)

Daily Reading is important to build life-long learners. Children can read a book independently or to a family member, a pet or stuffed animal.

Allow for choice of reading material: favorite books they know well, magazines, flyers, books about their favorite animal, books they can read smoothly, comic books.

→ Reading Fort- Make a fort and invite someone from your family in for reading time. They can bring a book to read too. You can read together, read a book to each other, or take turns reading your favorite book.

→ Click here to see Mrs. Kitchen read a book! <https://youtu.be/zh9bEwmLKjg>

→ Click here to see Mrs. Mortensen explain Sight Word Password:
<https://www.youtube.com/watch?v=Pb3Nlpmj6jU>

→ Continue to read and listen to books on line by using:
Tumblebooks: <https://www.tumblebooklibrary.com/Default.aspx?ReturnUrl=%2f>

Get Epic: <https://www.getepic.com/>

From 3 to 3: <https://www.youtube.com/watch?v=77uZvFzNtYw&feature=youtu.be>

If you are looking for extra activities here are a few:

- Play Sight Word Smack- items needed: sight words on cards, a fly swatter or something to tap the word or you could throw a small stuffed animal at the word. Lay the sight words scattered on the floor, say a sight word and your child has to find the word and smack it with the fly swatter, stuffed animal or other item.
- Spell your sight words: practice spelling sight words by seeing how many times you can spell a word in 1 minute. Choose 3-5 sight words to practice this way. Set a timer for 1 minute and see how many times you can spell the sight word correctly. See if you can beat your number on the next try!

Writing: (15-20 mins per day) One writing piece may take 1-2 days.

Here are a few options:

- ✚ **Send your teacher an e-mail!**- write a letter to your teacher on paper. Then, with your parent's help, you can type it up and send it to your teacher through e-mail or Facebook Messenger. We'd love to hear from you and e-mail you back!
- ✚ **Choose a superpower!** Tell me what superpower you would like to have. What things would you do with it? Can your superpower help others?

Extra ideas:

Write about a book you've read! You can write about a book that was read to you, or one that you have read yourself. Write the same way you would retell the story to someone. Start with when and where the story takes place. Who are the characters? Tell me what the problem is, if there is one. Then tell me what happened in order. How did it end? You can even add your opinion at the end. Did you like the story? Why or why not?

FREE PLAY

Sensory play is any activity that stimulates children's senses: touch, smell, taste, sight and hearing. Sensory play activities can be very simple to set up, and usually only require a handful of items that you probably already have at home (yay to upcycling and reusing!). Some examples of sensory play that you could set up at home are:

1. Homemade play dough, slime or flubber
2. Sensory bins - large bin/bowl filled with rice/oatmeal/pasta - you can hide and find smaller items (beads, buttons, Little People, sight word cards, etc), children can practice transferring rice/oatmeal/pasta from one container to another, etc.
3. Sensory bottles – these can be wet (filled with water, food colouring, glitter) or dry (filled with macaroni, rice, beans, coins) and made with old clear plastic bottles
4. Water play – can be done in the sink, bathtub, bucket or large container – children can explore what floats or sinks, what containers hold more/less water, add sponges or dishsoap and make bubbles, etc.
5. Shaving cream – you can use a cookie sheet or large container and can build with it, colour it with food colouring, swirl it, draw/write in it, etc.

Physical Education At Home Learning May 18th – 22nd


MCS families,

I trust everyone had a great May long weekend and took advantage to go outside and participate in a variety of activities. I took the opportunity last week to challenge myself to solve a Rubik’s cube. It was frustrating at times, but I was resilient and continue to increase my speed of solving at least one side. With the warmer weather, our family had the opportunity to go biking and exploring. I hope everyone is using this time to develop and strengthen a variety of physical activity skills. Please send me pictures or videos of your physical activities that you are participating in. I do miss seeing MCS students active and learning.

Stay healthy and safe!

Mr. Nathan King

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Warm Up 1 Dance to your favorite song	Warm Up 2 Choose your 6 favorite stretches	Warm Up 3 Dice Fitness (See last May 11)	Warm Up 4 Card Shark Fitness (See May 4)	Warm Up 5 Balance: Choose 6 different point-balances to hold for 10 seconds
Share Question 1 What's going well with your home learning plan? What's not going so well with your home learning?	<div align="center">  <p><u>Physical Education and Wellness</u> <u>Choice Board</u></p> <p>Visit this choice board daily</p> <ul style="list-style-type: none"> ● Choose one warm up from the top row. ● Choose one activity from the bottom row. ● Choose one chore or question from the side rows. <p>Discuss chosen question with a family member.</p> </div>			Chore 1 Organize your closet and help with laundry
Share Question 2 If you were going to school tomorrow, what Phys.Ed game would you like to play? Why?				Chore 2 Help vacuum your house
Share Question 3 How are you maintaining healthy habits?				Chore 3 Help with the dishes
Activity 1 Practice control, passing and dribbling skills in the sport of your choice.	Activity 2 Go for a walk, jog or bike ride. Try to discover a safe new trail or route that you might enjoy.	Activity 3 Inside Volleyball: Using a balloon or inflated plastic bag practice striking it in the air with 1 or 2 hands	Activity 4 Target Tossing: Use rolled up socks to knock over targets (TP rolls, empty plastic recyclables)	Activity 5 Mindfulness: Create a 5 song playlist. Listen to the playlist as you relax in your thoughts with your eyes closed



Music with Mrs. MacLeod
May 18th – 22nd, 2020
K-2

Hi everyone,
We are halfway through May. Wow!! What have you been doing to keep busy? I am always listening to music and singing around the house. Do any of you do that? What is your favorite song to listen to right now? I really like Be A Light by Thomas Rhett and Together by Steven Curtis Chapman.
Send me a video of you singing your favorite song.
karyn.macleod@nbed.nb.ca

Activity #1

Think of a simple song (Twinkle Twinkle, Row Your Boat, The Alphabet Song etc).
Sing or say your song using your 4 voices that we talk about in Music class (singing, speaking, whispering, shouting).
Remember not to yell too loudly. Can you think of any other voices? 😊

Activity #3

Tempo is how fast a song is sung or played. A tempo can be very slow, medium or super-fast. Pick some songs that you know and sing them at different tempos.
Find something around the house to use as an instrument (spoons, rice in a little container, etc). Tap a slow beat and a fast beat. Play some slow rhythms and some fast rhythms.

Activity #2

Splish Splash Poem

Splish, splash through the puddle,
Splish, splash, sploosh!
Splish, splash through the puddle,
Splish, splash, sploosh!



Learn to read this poem with someone in your family.
After you can read it well, clap the words as you read.
Can you figure out the rhythms that go with the words?
Can you sing this poem? Make up your own tune.

Activity #4

<https://musicplayonline.com>

Don't forget about this website if you have access to a computer and internet.

This week check out the METRONOME on the left-hand side of the page. Teach your family what it is and how we use it. Sing some songs at different tempos.

